

Our Food, Our Environment, Our Health



Sustainable food systems

- Healthy food and sustainable impacts
- Start with the development of
 - sustainable agricultural practices,
 - more sustainable food distribution systems,
 - sustainable diets
 - reduction of food waste throughout the system.



Why?

- Basic right
- Drives the national economy
- Safe guard our reputation
- External costs to the environment
- Obesity crisis in Ireland



Covid_19

- Volume of food that is imported
- Long supply chains
- The need for more domestically produced food



EU's Farm to Fork and Biodiversity Strategies

- What is it
- How will it be done



Farm to Fork & Biodiversity Strategies – key aspects

- Reduce the use of pesticides by 50% in the next decade
- Reduce sales of antimicrobials for farmed animals by 50%
- Reduce the use of fertilizers by 20%, by 2030
- Increase the share of organic farming to 25% by 2030 - up from the current 8%.
- Reduce food waste – target to be defined based on stats available in 2022

Let's look at local

- Grow your own
- Choose sustainably produced food
- Support local and seasonal
- Reduce and recycle waste
- Move away from disposable items
- Cut down on food waste



Benefits of eating in season

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Useful resources

- www.giy.ie
- www.stopfoodwaste.ie
- www.bordbia.ie/whats-in-season/
- www.bordbia.ie/farmers-growers/get-involved/become-quality-assured/

